

Discussion: The power shuffle, who holds power in the household?

Inform group that they do *not* have to identify themselves as belonging to any particular category to be read if they don't wish to reveal that information about themselves. Instead, they should simply notice any feelings that arise whether or not they choose to reveal personal information about themselves.

Participation is voluntary.

Everyone line up in the middle of the room.

Please take a step forward if...

- *You are a man.*
- *You are 50 or over.*
- *You make more money than others in your family.*
- *You make all decisions in your family.*
- *You often argue with your significant other (wife, husband, or partner)*
- *You exercised violence toward another person.*

Please take a step back if...

- *You were raised poor.*
- *You have a visible or hidden disability or impairment.*
- *Your partner makes more money than you do and thinks that entitles him to make more of the decisions.*
- *You've been hit by an intimate partner.*
- *You have ever experienced any form of violence.*

Notice who's with you... notice who's not.

Notice how it feels to be separated this way.

Return to your original place and let's discuss