

## Integrating Gender and Nutrition within Agricultural Extension Services

Tip Sheet  
March 2016

### Suggested Training Kit Contents

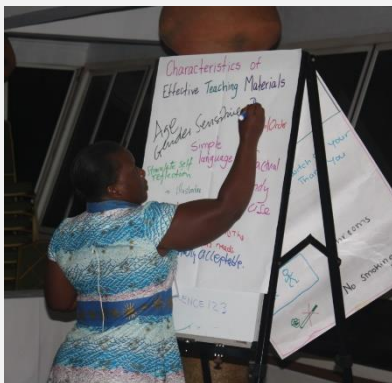


Photo: Workshop participant using a flipchart



Photo: Workshop participant using a sticky wall

**Why should I have a training kit?** Having a training kit helps you to be prepared, flexible, and adaptable to the many settings you might encounter as a facilitator/trainer.

**How do I contain all this stuff?** Store your training materials in tote bags, cardboard boxes, footlockers, milk crates, baskets, and portable files. Use whatever container(s) works for you!

- Masking tape (careful: some brands leave marks on the wall or pull off paint, so test beforehand. Painter's Blue from 3M does not pull paint)
- Scotch tape
- Sticky wall(s) – see instructions on pink card
- Laser or other type of pointer
- Ball of string or yarn
- Stickers
- Name tags
- Throat lozenges
- Index cards (assorted sizes)
- Colored paper (whole and half sizes)
- Books or other resources and list to share with participants
- Hats, scarves, jewelry, and clothing for role plays
- Play-dough and other building materials
- Self-adhesive dots, assorted colors and sizes
- Paper clips
- Binder clips
- Rubber bands
- File folders for each participant into which to put work shop material, notes, etc.
- Your contact information on slips of paper or as a business cards
- Scissors
- Post-It notes
- Scrap paper, various sizes
- Pens
- Pencils
- Color markers
- Flip chart paper, including stand
- Calculator
- Calendar (for future planning)
- Local/regional map
- Small clock
- Table coverings
- Hard candy or other candy treats
- Hand bell/gong/other item to get group's attention
- Small baskets/bowls for candy, markers, paper, and/or diversion items
- Small objects for energizers, such as stretch frogs, hacky sack balls, etc.
- Extension cord and power surge protector
- Examples of centering activities, reflections, and meditations
- Camera (for stills, for video) with extra batteries and memory cards
- Tripod for the camera
- Other, \_\_\_\_\_
- Other, \_\_\_\_\_



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