FEED THE FUTURE
The U.S. Government's Global Hunger & Food Security Initiative

Integrating Gender and Nutrition within Agricultural Extension Services

Tip Sheet
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ORID Discussion Techniques

Audience:
Participants in practically any workshops or training event

Liberian workshop participant reflecting on her work © C Eisenmann 2016

ORID stands for "Objective, Reflective, Interpretive, Decisional". Used as a discussion technique, ORID helps facilitators focus group conversations to enable better decision-making and analysis using the following types questions:

Objective: What just happened? – Based on what people see, hear, touch, smell, and taste; just the facts. What did you experience or do today? What happened?

Reflection: Gut, how do you feel about what just happened? – Based on people's emotions, feelings, and memories. What was the high point of today? The low point? What did you like? What was difficult for you?

Interpretive: So What difference does this make? – Based on the meaning, significance, purpose, and importance of the topic to the people. Why is the information important? What kind of help will we need?

Decisional: Now What do we do? – Based on the future actions, next steps, or decisions to be made; what people will do with the information or how will they act different in the future. What will you do differently because of today? What are next steps? Commit to action.

Ugandan workshop participants using the ORID discussion techniques © K Moore 2015

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Prepared by Jan Henderson

Univ. of Illinois at Urbana-Champaign