

# INGENAES in Honduras



INGENAES Symposium

Overview of Project Work:  
February 2016 – December 2017

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# INGENAES began work in Honduras in February 2016

- Interviews with 20 potential organizations in the Feed the Future Zone
- Multiple Mancomunidades (MANCORSARIC and MANSURCOPAN, Mancomunidad Maya-Chorti)
- Multiple ONG's (PILARH, Vecinos Honduras, Caritas, CARE, ODECO, World Vision, Heifer International, Groundswell International, Catholic Relief Services, Save the Children, OCDIH)

# Meeting with Caritas Coffee Cooperative



# INGENAES Partners in Honduras

- ACS (Dry Corridor Alliance) – USAID
- ACCESO – MERCADO – USAID
- Government agencies – SAG, DICTA, Ministry of Economic Development
- Private Sector – DISAGRO
- Two universities (CUROC and Zamorano) engaged in research and capacity development



# Zamorano Agroecology Demonstration



# INGENAES Partners – USAID and CUROC





# Research and Capacity Building in Western Honduras

Juan Andrade, Jennifer Lotton, Elizabeth Sloffer, Katie McNamara (Universities of Illinois and Florida)

“Understanding the nutrition knowledge, attitudes and practices of vulnerable, rural, low-income, and/or farming households from the perspectives of both the male and female heads of each household”

## Partners:

MANSURCOPAN and PILARH

## Results:

Although there are positive attitudes toward nutrition, there is an overall lack of nutrition knowledge among agricultural extension agents and their beneficiaries in the Dry Corridor of Honduras

# Recommendations

- FAO calls for urgent interventions when the % of population displaying nutrition knowledge, healthy attitudes, or optimal nutrition practices is <70%.
- Prioritizing targeted nutrition education workshops for extension agents will increase their capacity to disseminate information to beneficiaries in the future, and help tackle undernutrition, overnutrition and dietary diversity simultaneously.

## Focus on these

### Dietary Guidelines



### Vitamin A function



### Iron and Anemia





# Women's Leadership

Jera Niewoehner-Green, University of Florida (Ohio State University)

“How organizations can best meet the needs of encouraging women farmer's leadership development through targeted skill trainings and gender work in the communities”

Partners: Surveys – MANSURCOPAN, Oficina de la Mujer Gracias, FINTRAC, PILARH, OXFAM

Partners: Data collection - MANPANSA

# Women's Leadership

- How do women feel about their leadership ability?
  - ↓ • Lower levels of participation in leadership roles
  - Higher levels of leadership self-efficacy ↑
- Where are they enacting leadership skills?
  - Group membership
    - Religious – 80%
    - Water Users – 38%
    - Parent/School – 36%
    - Agriculture - < 1%
- Self-identification as leaders in social, spiritual, and maternal roles

# Women's Leadership

- Women feel timid about participating in meetings due to low knowledge and skill levels
- Gender roles are perceived barriers to participation in groups
  - Marriage
  - Domestic tasks
  - Men's ability to leave the home and community
- Men are seen as skilled in agriculture- important for leadership
- Low levels of trust in communities



# Research on Masculinity's Influence on Nutritional Decision Making

**Breton Homewood, University of Florida**

“Understanding the influence of men in household decisions, especially regarding food distribution, crop production, and items purchased for household consumption”.

Partners: Communities in Santa Rosa de Copan and Gracias, Lempira

Results: Men participated strongly in decision making in nearly all aspects of the household. They contributed to the decisions when families purchased food, and directly made the decisions concerning what is planted and sold – affecting household nutrition and dietary diversity.

# Workshops on Integrating Gender and Nutrition into Ag Extension Programs

Four workshops:

**Santa Rosa de Copan –**

May 29-30 (24 participants)

June 1-2 (22 participants)

**Siguatepeque-**

June 5-6 (14 participants)

**Zamorano –**

June 8-9 (41 participants)

# Workshop Results

All workshop pre and post evaluations showed *increased mean scores* for each workshop objective, indicating an improved ability to complete the activities after the workshop.

## **Workshop comments:**

*“I can more thoroughly explain the challenges of integrating family and gender within agricultural extension to my students”.*

*“I can replicate this acquired knowledge with my organization and encourage greater participation of the family in agriculture”.*



# Workshop Comments

*“I can put all of these things I learned during this workshop in practice, in my work, and in my everyday life”.*

*“I learned new, dynamic techniques to deal with [gender and nutrition] themes in groups”.*

*“I can more effectively apply themes of gender and nutrition in my work with producer groups”.*

*“The development of projects related to food security should consider the nutritional significance of who makes decisions; The important thing is to involve women in every type of work—they can do it”.*

# Interactive Participatory Exercises





# Interactive Participatory Exercises





# Workshop Follow-Up

Continued interaction with workshop participants through providing materials in English and Spanish at: <http://ingenaes.illinois.edu/library/>

- Activity Sheets
- Research Briefs on Honduras
- Training manuals on “Integrating Family Dynamics into Agricultural Activities” and others
- Additional references and resources

# Continued interaction with INGENAES partners

Newsletters highlighting research, trainings and materials produced for Honduras INGENAES partners in English and Spanish

<http://ingenaes.illinois.edu/honduras/>





# GRACIAS!

Muchisimas Gracias  
para tu participacion  
en INGENAES y tu apoyo  
a todo el equipo!

PREGUNTAS?







# FEED THE FUTURE

The U.S. Government's Global Hunger & Food Security Initiative

# Thank you.

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