

# UN Universal Declaration of Human Rights (1948)

Article 1, "All human beings are born free and equal in dignity and rights..."

Article 3, "Everyone has the right to life, liberty, and security of person."

# What drives empowerment agenda?

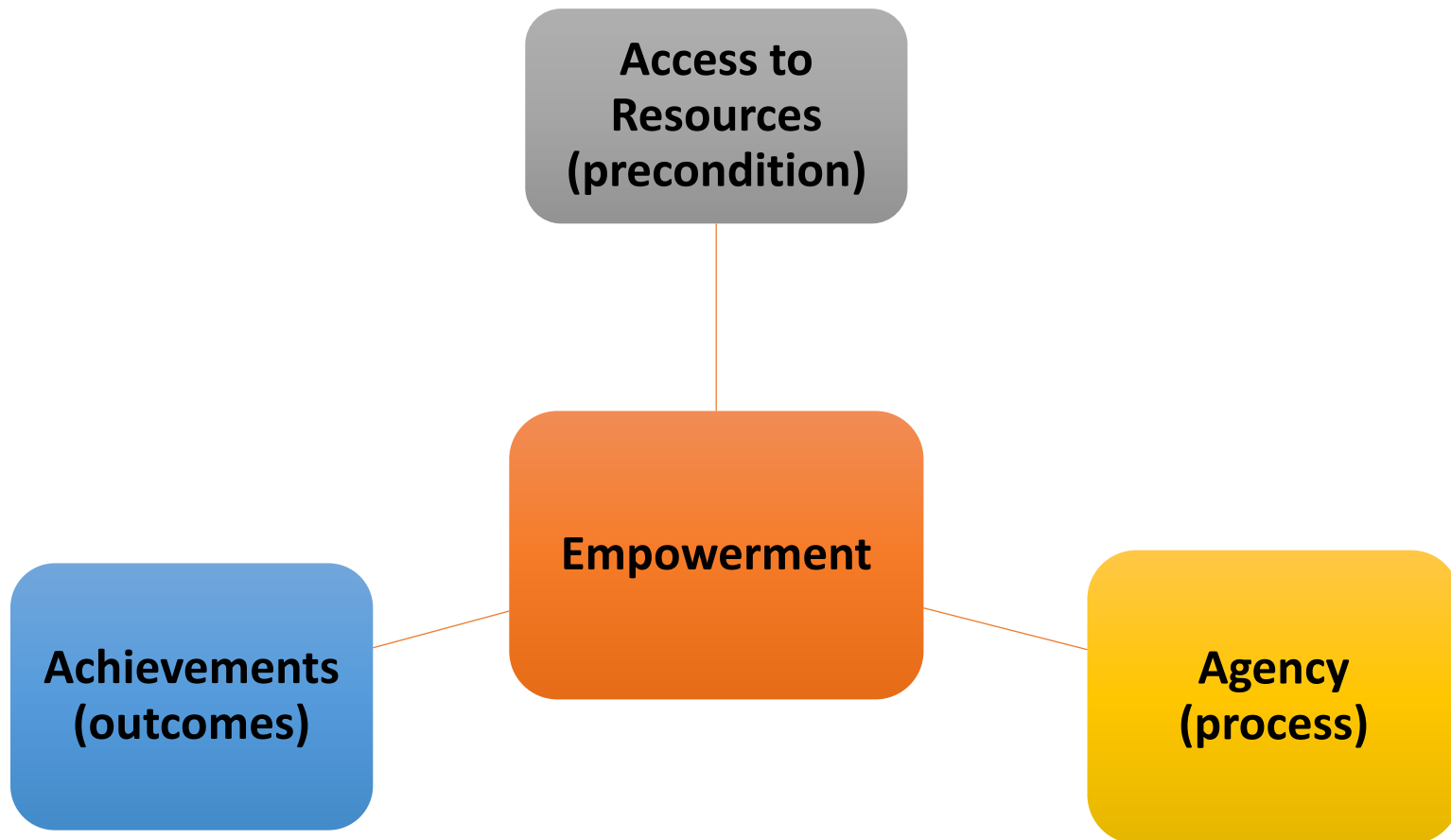
- Unequal power relations which especially block women's capacity to exercise control over their own lives and participate in wider society on equal terms.
- Focus on women's subjectivity and consciousness (the power within).
- Lack of access and control over resources (material, social and human).
- Lack of strong collective dimension to achieving structural change
- Practical gender needs vs. strategic gender needs or interests
- Men and women are not homogenous group: differentiated by context, class, caste, race, etc.

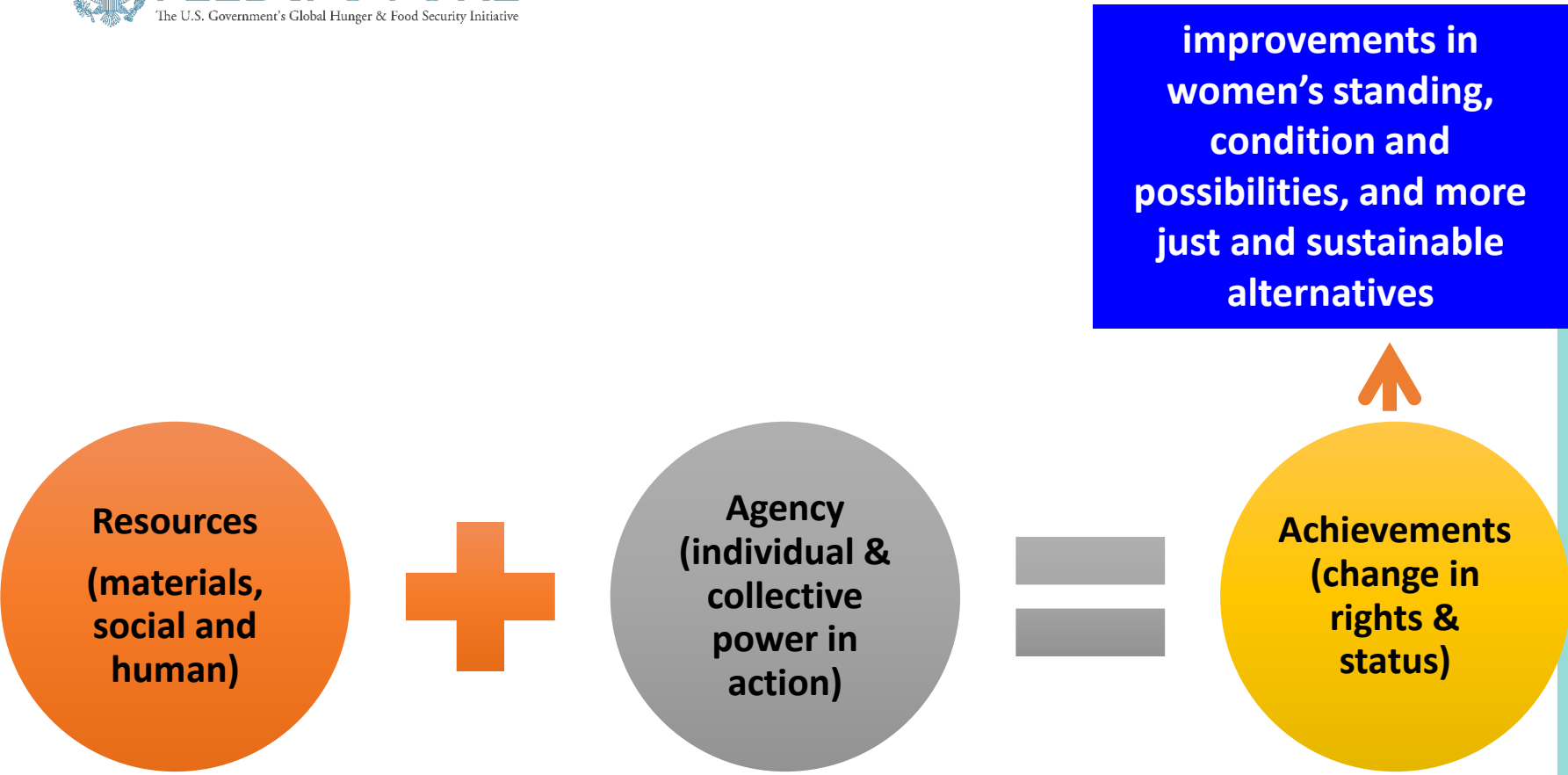
# What is Empowerment?

"The process of enhancing the capacity of individuals or groups to make [**strategic life**] choices and to transform those choices into desired actions and outcomes."

- *Strategic vs. second-order choice*
- *Transformative process*

# Empowerment Framework





**Violence is stopped or prosecuted!**

# Literature used

- Smith, M., Shannon, S., and Vickery, K. 2015. Health Actions for Women: Practical Strategies to Mobilize for Change. 1<sup>st</sup> Edition. Berkley, CA: Hesperian Health Guides
- Kabeer, N., 1999. Resources, Agency, Achievements: Reflections on the Measurement of Women's Empowerment. *Development and Change*, 30. 435-464.



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