

# What is violence?

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# Violence

“The intentional use of physical force or **power**, threatened or actual, against oneself, another person, or against a group or community, which either results in or has a high likelihood of resulting in injury, death, psychological harm, maldevelopment, or deprivation.”

Source: World Health Organization

# Types of Interpersonal Violence

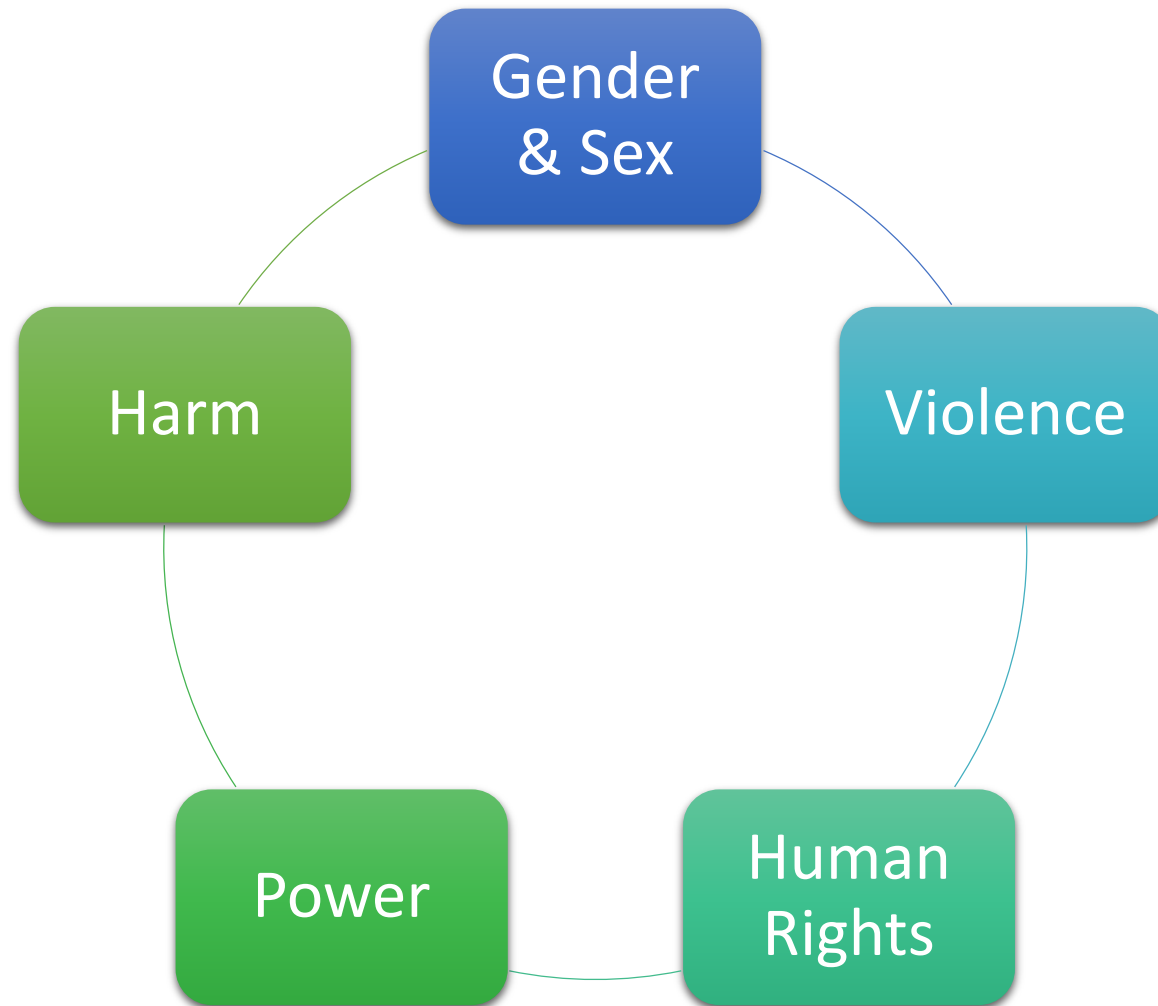
## Intimate Partner Violence (IPV)

- **Intimate partner violence** is domestic violence by a current or former spouse or partner in an intimate relationship against the other spouse or partner.
- Violence largely between family members and intimate partners
- Usually within the home

## Community Violence

- Violence between individuals who are unrelated
- Generally outside the home

# Core Concepts of Gender-based Violence (GBV)



# Gender & Sex

## Gender

- Defined by social differences between males & females throughout their life cycle
- Determined by social factors – history, culture, tradition, society norms, religion

### *Examples:*

- *Girls may not get as much schooling*
- *Boys might not be allowed to cry*

## Sex

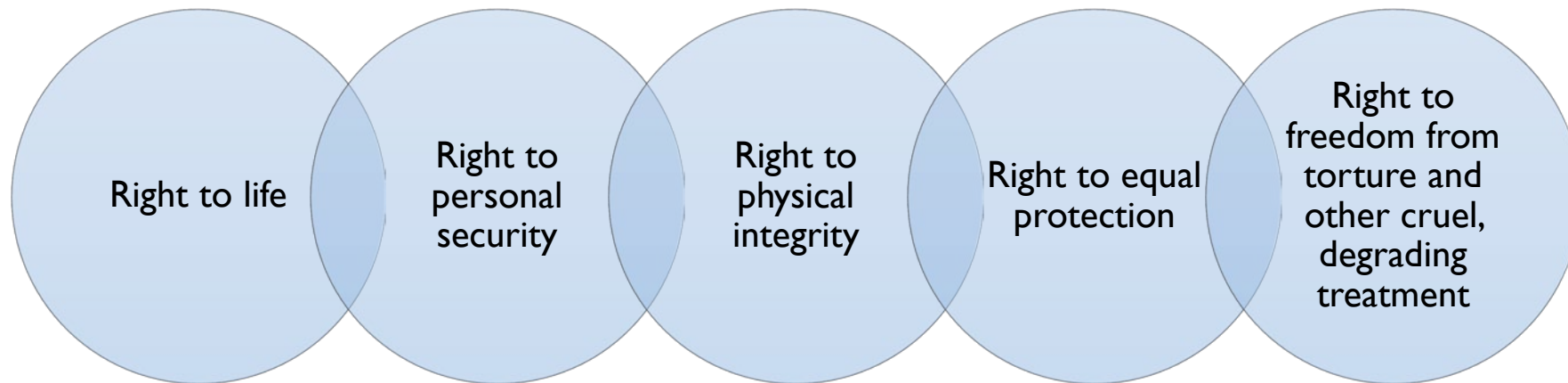
- Defined by biological or physical differences between males & females
- Determined by biological factors

### *Examples:*

- *Male and female genital organs differ*

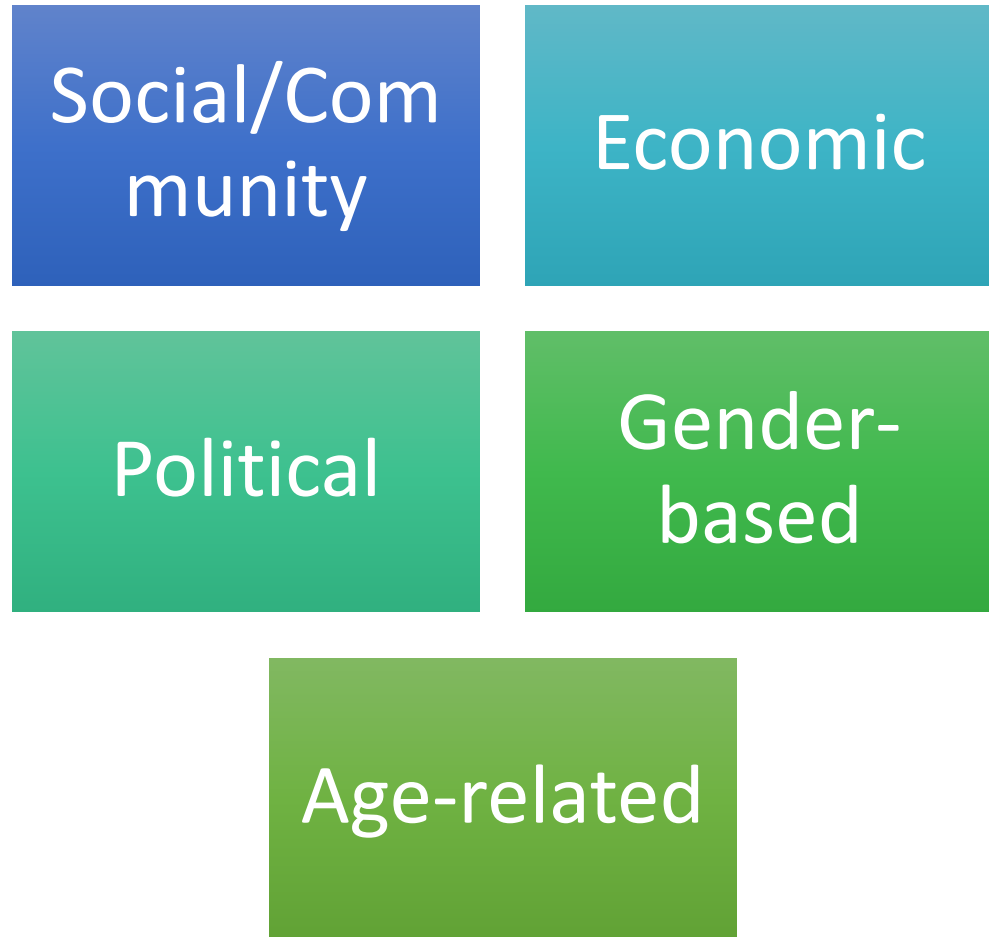
# Human Rights

- Every single human being is entitled to enjoy his or her human rights without distinction as to race, color, sex, language, religion, political or other opinion, national or social origin, property, birth, or other status
- GBV violates universal and fundamental human rights such as:



# Power

- The ability, skill, or capacity to make decisions and take action
- The more power an individual has, the more likely they are to make their own decisions and choices.
  - This is also called *agency*



# Harm

Harm is often thought of only as physical harm, however, GBV can also be harmful by causing:

- Emotional & psychological trauma
- Economic hardship
- Rejection & social stigma



# Discussion - Gender-based violence affects everyone

- Divide into groups of 3 – 5 people
- Each group will get a scenario
- Choose who in your group will play each role
- Answer and/or act out each scenario

# Discussion - Gender-based violence affects everyone

- Who was the abuser(s), victim(s), and witness(es)?
- How did you feel in your role?
- Was the violence portrayed in your group interpersonal or community? Or both?
- Who is affected by the violence displayed in your group?
- Was anyone not affected?

# Activity – Pass the Cabbage

Choose one question below and write your answer on the piece of paper (include the question number)

1. Name one thing we did.
2. Name one thing you learned.
3. Say something you liked, and say something you disliked.
4. What will you do with what you have learned?

# Literature used

- Smith, M., Shannon, S., and Vickery, K. 2015. Health Actions for Women: Practical Strategies to Mobilize for Change. 1<sup>st</sup> Edition. Berkley, CA: Hesperian Health Guides
- World Health Organization. 2002. World report on violence and health (retrieved from [http://www.who.int/violence\\_injury\\_prevention/violence/world\\_report/en/](http://www.who.int/violence_injury_prevention/violence/world_report/en/))



# Thank you.

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